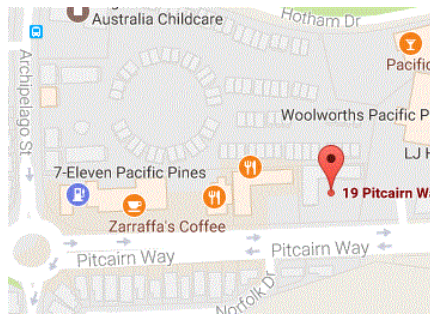


Services

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks, ECG & Holter Monitor
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice
- 24 hour Blood Pressure Monitor



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



19 PITCAIRN
WAY PACIFIC PINES
QLD 4211 PH: 5529
8655 FAX:
5529 8677



September - October 2024



PACIFIC PINES
MEDICAL CENTRE

quality care with compassion

Newsletter No 59

DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe
- ❖ Dr Peter Yaxley
- ❖ Dr Simon Stilgoe

OPENING HOURS:

7.00am – 6.00pm Monday & Tuesday
7.00am – 5.00pm Wednesday & Friday
7.00am – 7.00pm Thursday
8.00am – 11.00am Saturday

Skin Check



Be prepared for SUMMER!

Early detection of skin cancer can improve your chances of successful treatment. It's a good idea to become familiar with your skin, even skin that is not normally exposed to the sun.

Prevention is better than the cure.

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

Snakes



Snakes have become active earlier this year. Please be aware.

Bexero

Meningococcal B

FREE

< 2 years

15-19 years

Are you up to date?

Whooping Cough Vax

There has been outbreaks recently of Whooping Cough.

Are you Travelling Overseas?

Do you have a new baby expected in the family?

Speak to your Doctor today.

Public Holidays

We will be CLOSED on the following day:

King's Birthday

Monday 7 October

Monthly Events

September 2024

2-8 National Baby Swimming Week



23-29 National Eye Health Week

28 Light up for Mito



October 2024

7 Child Health Day



Child Health Day



11 World Egg Day

13 National No Bra Day



Quote

The Expert was once a Beginner.