

Services

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks, ECG & Holter Monitor
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice
- 24 hour Blood Pressure Monitor



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

March - April 2024



PACIFIC PINES
MEDICAL CENTRE

quality care with compassion

Newsletter No 56

DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe
- ❖ Dr Peter Yaxley
- ❖ Dr Simon Stilgoe

OPENING HOURS:

7.00am – 6.00pm Monday & Tuesday
7.00am – 5.00pm Wednesday & Friday
7.00am – 7.00pm Thursday
8.00am – 11.00am Saturday

COVID Vaccine



Moderna XBB1.5

This is the vaccine we have in stock.

Please book in with your Doctor OR

Speak to your Doctor if you have any questions.

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

Shingles Vaccine

Shingrix (Shingles Vaccine) is now available **FREE** for all people over the age of 65 and not had shingles in the last 12 months.

Book your appointment today.

Bexero

Bexero – Meningococcal B Stocks will be arriving soon, please speak to your Doctor.

Dr Ranhotra

Dr Ranhotra will be on Maternity leave from Thursday 29 February. We will advise on her return date once we know. We wish her all the Best for her new arrival.

Public Holidays

We will be CLOSED on the following days:

Easter

Friday 29 March

Saturday 30 March

Monday 1 April

Anzac Day

Thursday 25 April

Monthly Events

March 2024

1 Zero Discrimination Day



March in Yellow

15 World Sleep Day



April 2024



5 International day of Conscience

7 World Health Day



24 International Guide Dog Day

Quote

Happiness is a Journey, not a Destination!