

Services

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks, ECG & Holter Monitor
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice
- 24 hour Blood Pressure Monitor



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



**SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677**

September - October 2023



Newsletter No 53

DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe
- ❖ Dr Peter Yaxley
- ❖ Dr Simon Stilgoe

OPENING HOURS:

7.00am – 6.00pm Monday & Tuesday
7.00am – 7.00pm Thursday
7.00am – 5.00pm Wednesday & Friday
8.00am – 11.00am Saturday

10 Year Anniversary

10 Anniversary

4th October 2023

It will be 10 years since opening the doors to our current premises.

Thank you to all our Patient, Staff & Doctors for this wonderful journey.

Here's hoping we have another 10 years left in us!

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

Accreditation

Our Accreditation is due at the beginning of 2024.

Patient Questionnaire's

We have started handing out Patient Questionnaire's while you are waiting for your Doctor.

Your care will not be impacted by your answers – all questionnaires are anonymous, so please answer honestly.

Thank you in advance 😊

Zostavax

The Catch-up program for Zostavax (Shingles Vaccine) for patients aged between 71-79 will End on 31/10/2023.

Book your catch-up appointment now before this expires.

My Medicare

My Medicare registration will be **Voluntary** and available to all Australians from 1 October 2023.

You will be able to register online.

From November 2024 you will only be able to have access to chronic disease item number with the practice you are registered too.

Monthly Events

September 2023:

4-10 Air Ambulance Week



5 International day of charity

13 Kids take over the kitchen



15 National Doodle Day

October 2023:



3 Child Health day

15 White Cane Safety Day



21 Wear it PINK

Quote

You can't live a Positive life with a Negative mind.