

Services

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks, ECG & Holter Monitor
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice
- 24 hour Blood Pressure Monitor



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

July - August 2023



PACIFIC PINES MEDICAL CENTRE

quality care with compassion

Newsletter No 52

DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe
- ❖ Dr Peter Yaxley
- ❖ Dr Simon Stilgoe

OPENING HOURS:

7.00am – 6.00pm Monday & Tuesday
7.00am – 7.00pm Thursday
7.00am – 5.00pm Wednesday & Friday
8.00am – 11.00am Saturday

Online Appointments



HealthEngine is who we use for our online bookings. You can make appointments online via our website <https://pachealth.com.au/> or from your HealthEngine app.

All appointments will receive a text reminder 24 hours prior to your appointment.

We now have online Check-In – you will receive a text message 10mins prior to your appointment. Check your details and check your self in.

Please let reception know if any of your details have changed.

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

Flu Vaccine



We now have ALL Flu Vaccines in Stock.
Please make your appointment with reception.

Allied Health

We have the following Allied Health that visit our practice.

Toby - Exercise Physiologist
James - Physiotherapist
Louise – Dietitian

Please speak to reception on how to make appointments.

New Additions

As personal spacing is no longer required, we have purchased more chairs for the waiting room – we hope you like these new chairs.

Monthly Events

July 2023:

1-7 Clean Beach Week



THANK YOU



2 Thank You Day

12 National Simplicity Day



August 2023:



World Play Day

3 Playday

8 National CBD day



30 International Day of the Disappeared

Quote

**Whatever your past has been,
you have a Spotless future.**