# Services

- ABI Test
- Acupuncture
- Allery Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management Asthma, Heart Disease, COPD
- Close the Gap: Care for Indigenous Australians
- Counselling: Stress, Work, Family Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
   45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence Management
- Minor Surgery: Suturing, Mole & Skin Cancer removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning, Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice
- 24 hour Blood Pressure Monitor



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

# Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY PACIFIC PINES QLD 4211 PH: 5529 8655

FAX: 5529 8677



# Newsletter No 46

### DOCTORS

- Dr Simon Hong
- Dr Vinh Lao
- Dr John Parsons
- Dr Cindy Lee
- Dr Mandy Ranhotra
- Dr Puneet Pannu
- Dr Kerry Lowe
- Dr Peter Yaxley
- Dr Simon Stilgoe

#### OPENING HOURS:

7.00am - 6.00pm Mon, Tue, Wed & Fri

7.00am - 7.00pm Thursday

8.00am - 11.00am Saturday

# COVID BOOSTER #4

#### **BOOSTER #4**

The eligibility criteria has recently changed for the #4 COVID Booster.

Please speak to your Doctor to see if you meet the criteria.

# Screening

It is important to make sure you are up to date with your screening.

Bowel Screening Cervical Screening Breast Screening

Check with your Doctor today.

# Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

# Our Practice

## 4 Year Vaccinations

4 year old Vaccinations are now due when your child is 4 years old. No longer able to have these vaccines at 3 ½ years of age.

#### New Staff

We have had a change of Reception Staff.

Please Welcome **Jamie** into our Team.

We have added another Nurse to our Team.

Please welcome **Joanne** into our Team.

# Mask Wearing

Please be aware it is still mandatory to wear masks for Healthcare Settings. We do have some for \$1.00 each.

# Public Holiday

We will be closed on the following:
Gold Coast Show Day
Friday 26 August 2022

# Monthly Events

July 2022:

**Dry July** 





28 World Hepatitis Day

30 Gastroschisis Awareness Day



# August 2022:

1-7 World Breastfeeding Week





8-14 National Stoke Week

20 World Mosquito Day



# Quote

Invest in Yourself Your knowledge is the engine of your wealth.