

Services at the Practice

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate &
Impotence Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

March - April 2021



PACIFIC PINES MEDICAL CENTRE

quality care with compassion

Newsletter No 38

OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe

OPENING HOURS:

7.00am – 6.00pm Mon, Tue, Wed & Fri
7.00am – 7.00pm Thursday
8.00am – 11.00am Saturday

Hand Washing



Hand sanitizing shouldn't replace Hand Washing..

1. Wet hands with water
2. Put soap onto hands
3. Rub hands together for 20 secs
4. Rinse hands under water
5. Dry hands with paper towel
6. Dispose of paper towel

Hand Washing is very important to prevent the spread of germs.

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

COVID-19 & Flu Vaccines

Unfortunately, we have no control over the delivery dates for Flu & COVID-19 vaccines. We are at the mercy of QLD Health as to when we receive our vaccines.

School Base Vaccines

Do you have a child/ren in year 7? They are eligible for vaccines at school, however if they missed out at school please speak to our nurses to order your vaccines.

Public Holidays

We will be closed on the following:

Easter Public Holidays

Friday 2 April

Saturday 3 April

Monday 5 April

Anzac Day Public Holiday

Monday 26 April



Monthly Events

March 2021:

Epilepsy Awareness Month



7 Clean up Australia



8 International Women's Day



April 2021:

Falls prevention



April No Falls

Go Blue for Autism in April



Quote

Somebody else is Dreaming about what you take for granted.