

Services at the Practice

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

May - June 2020



PACIFIC PINES MEDICAL CENTRE

quality care with compassion

Newsletter No 33

OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe

OPENING HOURS:

7.00am – 6.00pm Mon, Tue, Wed & Fri
7.00am – 7.00pm Thursday
8.30am – 12.00 Saturday

Coronavirus

This has been a devastating time worldwide. We need to continue with the great effects being done to flatten the curve.

- Social Distancing
- Hand hygiene
- Staying home

These are very important.

We are open:

Pacific Pines Medical Centre is still open and seeing patients. We are available for Phone Consults, Telehealth Consults (using ZOOM) and Normal Consults (if hands on is needed). Phone the practice on **5529 8655** to book in with your Doctor.

What we are doing:

- We have made our Practice safe for you and our Staff
- We have limited the number of patients by removing all but 5 chairs in our waiting area
- We have a roped off section from the counter to leave 1.5m between you and reception
- We are cleaning chairs after each use
- We are asking patients to wait outside or in their car and Doctors are coming to you
- We are doing telephone or Telehealth Consultations
- We are checking temperatures of all staff
- We have meetings each morning to discuss COVID19.

Children Immunisations:

We are encouraging parents to still book your children in for their immunisations when they are due. This is very important to protect your children against other diseases. We are only booking children immunisations in the mornings, to keep the number of patients to a minimum to make it safe for your family.

Flu Vaccines:

The Government Flu Vaccines have arrived. Children 6 months to <5 years of age are FREE and we are encouraging parents to have their children done. People over 65 years are FREE and any patient with a chronic disease are FREE.

Cervical Screening & Skin Checks:

These preventions checks are very important during COVID19. We are still performing Cervical Screening & Skin Checks. Please make an appointment with your Doctor.

Our Practice

COVID-19



For all the most up-to-date information on Coronavirus from our Government please go to:
<https://www.australia.gov.au/>



Public Holidays

We will be closed for Labour Day
Monday 4 May 2020

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Monthly Events

May 2020:

4 Labour Day



Multiple Sclerosis Awareness Month



Thyroid Awareness Month



June 2020:

Bowel Cancer Awareness Month



3 Mabo Day

Quote

Life is not a race,
take your time and enjoy
every moment.