

Services at the Practice

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Mirena Insertion & Removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

September - October 2019



**PACIFIC PINES
MEDICAL CENTRE**

quality care with compassion

Newsletter No 29

OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu
- ❖ Dr Kerry Lowe

OPENING HOURS:

7.00am – 6.00pm Mon, Tue, Wed & Fri
7.00am – 7.00pm Thursday
8.30am – 12.00 Saturday

New Doctor



Dr Kerry Lowe

Will be joining our Practice on Monday 2nd September.

Dr Lowe's interests are:

- ❖ Women's Health
- ❖ Chronic Disease
- ❖ Skin
- ❖ Preventive Health
- ❖ Mental Health

Please make her feel Welcome.

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

Our Hours

Reminder

If you are needing an early morning appointment,

We are open from **7.00am** each weekday.

Book online or speak to one of our friendly receptionists to make an appointment.

Surgery Hours:

Mon, Tue, Wed & Fri **7.00am – 6.00pm**

Thursday **7.00am – 7.00pm**

Saturday **8.30am – 12.00**

Flu Vaccines

2019 Flu Season is still among us. We still have Flu Vaccines if you are needing one.

Please speak to your Doctor

QML Pathology Hours

As of Monday 2nd September 2019, QML Pathology's hours will be

7.30am – 3.30pm

Public Holidays

We will be closed on the following:

Queen's Birthday

Monday 7 October 2019

Monthly Events

September 2019:



Childhood Cancer Awareness Month

Dementia Awareness Month



RUOK? 12 RU OK Day

20 Jeans for Genes Day

October 2019:

SIDS Awareness Month



6 Cerebral Palsy Day

10 Mental Health Day

20 - 26 Respiratory Care Week



Quote

Spending today complaining about yesterday, won't make tomorrow any better.