

Services at the Practice

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

Newsletter No: 27



May – June 2019

OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mohammad Hossain
- ❖ Dr Hugh Nelson
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu

OPENING HOURS:

7.00am – 6.00pm Mon, Tue, Wed & Fri
7.00am – 7.00pm Thursday
8.30am – 12.00 Saturday

Children's Vaccinations

Why we prefer to give Vaccines in the morning.

Due to the nature of some vaccines, common side effects after vaccinations can happen.

These post vaccination symptoms generally, occur 6-12 hours after vaccines. To avoid dealing with these symptoms in the middle of the night, we suggest having vaccinations in the morning, so we are here to help and guide you during this time.



Common Side Effects

Headaches
Muscle aches
Fever (temp > 37.5)

Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

Our Practice

Flu Vaccines 2019



We now have ALL Flu Vaccines in Stock.

Free Flu Vaccine Criteria:

- ✓ Children 6mths – 5 years
- ✓ Chronic Disease < 64 years
- ✓ Over 65 years

Private Flu Vaccine Criteria:

- ✓ All other patients not listed above
\$15.00 each

Please note:

Children under 9 years require 2 doses 1 month apart for the first time having a flu vaccine.

Public Holidays

We will be closed for the following:

Labour Day
Public Holiday
Monday 6 May 2019

Monthly Events

May 2019:

Medication
Dependence
Prevention



7 World Asthma Day

19-25 National
Palliative Care Week



20-26



Exercise Right Week

June 2019:

National Burns
Awareness Month



10-16 Infant Mental Health Awareness
Week



19
Red Apple Day

Quote

Everything has BEAUTY,
but not everyone sees it.