

Services at the Practice

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way
Pacific Pines QLD 4211

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677

Newsletter No: 17



September - October 2017

OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mohammad Hossain
- ❖ Dr Alex Douglas
- ❖ Dr Hugh Nelson
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu

OPENING HOURS:

7.00am – 6.00pm Mon, Tue, Wed & Fri
7.00am – 7.00pm Thursday
8.30am – 12.00 Saturday

Meningococcal

The new Meningococcal Vaccine is now available **FREE** for all 15-19 year old's. This vaccine will be given to all school students in year 10 at school.

Speak to your Doctor or Nurse regarding this vaccine.



This Vaccine is different from Meningococcal that was given as a baby vaccine.

Zostavax

Shingles Vaccine
Available Now
FREE

For patients aged 70 – 79



Feed Back

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

OUR PRACTICE

New Hours



We have introduced NEW Hours which commenced Monday 28th August 2017.

New Hours Are:

Mon, Tue, Wed & Fri
7.00am – 6.00pm
Thursday
7.00am – 7.00pm
Saturday
8.30am – 12.00noon

We hope these times are more suitable for our patients.

Going GREEN

We will no longer send out recall or reminder letters. Postage is a big expense to the practice and it takes a long time for letters to be delivered.

We will now send **SMS messages** or **emails** for Recalls & Reminders.

Please make sure your details are up-to-date.



Please Note: if you don't have a mobile phone or email, letters will still be sent to you.

Monthly Events

September 2017:

1-7 National Asthma Week

4-8 Women's Health Week



14 R U OK Day



Prostate Cancer Awareness Month

October 2017:

10 World Mental Health Day



12 World Sight Day

21-29 Veteran's Health Week



Breast Cancer Awareness Month



Quote

Happiness is a Journey, Not a Destination.