

## SERVICES AT THE PRACTICE

- ABI Test
- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behavior
- BP Management
- Child Health
- Chronic Disease Management  
Asthma, Heart Disease, COPD
- Close the Gap: Care for  
Indigenous Australians
- Counselling: Stress, Work, Family  
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's  
45-49, A&TSI, 4-year-old health check
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving  
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence  
Management
- Minor Surgery: Suturing, Mole & Skin Cancer  
removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &  
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,  
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way  
Pacific Pines QLD 4211

## QUALITY CARE WITH COMPASSION

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



SHOP 6/19 PITCAIRN WAY  
PACIFIC PINES QLD 4211  
PH: 5529 8655  
FAX: 5529 8677

## NEWSLETTER NO: 16



## PACIFIC PINES MEDICAL CENTRE

*quality care with compassion*

## JULY – AUGUST 2017

### OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mohammad Hossain
- ❖ Dr Alex Douglas
- ❖ Dr Hugh Nelson
- ❖ Dr Mandy Ranhotra
- ❖ Dr Puneet Pannu

### OPENING HOURS:

8.00am – 8.00pm Weekdays  
8.30am – 12.00 Saturday

## MENINGOCOCCAL ACWY

The new Meningococcal Vaccine is now available **FREE** for 15 – 19 year old's. This vaccine will be given to all school student in year 10 at school.

Speak to your Doctor or Nurse regarding this vaccine.



## ENTERTAINMENT BOOK

We are fundraising for:

CARRIE'S  
Beadles 4 Brain Cancer

The 2016-2017 entertainment books have now **EXPIRED**. Order your 2017-2018 book now and make the most out of it.



<http://www.entbook.com.au/14630k4>

## FEED BACK

If you would like to make any suggestions relevant to our Practice, Newsletter or Website please let the Practice Manager know.

## OUR PRACTICE

### CHRONIC DISEASE

Do you have a Chronic Disease?  
Do you know that you can have visits to Allied Health under a Care Plan?



**REVIEWS:** Are extremely important to keep on top of your health. Speak to one of our Nurses today.

### MEDICATIONS

Are you on multiple Medications?  
Do you feel you take too many Medications?  
Speak to your Doctor about your Medications.  
**Medicine Wise Week 21-27 Aug**



### WINTER TIME

*Are you feeling the cold?*

It is that time of year again when we pull out our old heaters and electric blankets to keep us warm.

*Be Safe this Winter*



Check all the cords before plugging them in.

## MONTHLY EVENTS

### JULY 2017:



3 – 9 Sleep Awareness Week

21 National PJ Day



24 – 30



National Pain Week

28 World Hepatitis Day

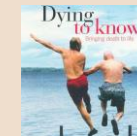
### AUGUST 2017:

4 Jeans for Genes day



6 – 12 Dental Health Week

8



Dying to Know day

21 – 27 Be Medicine Wise Week

### QUOTE

*Everything has beauty,  
But not everyone sees it.*