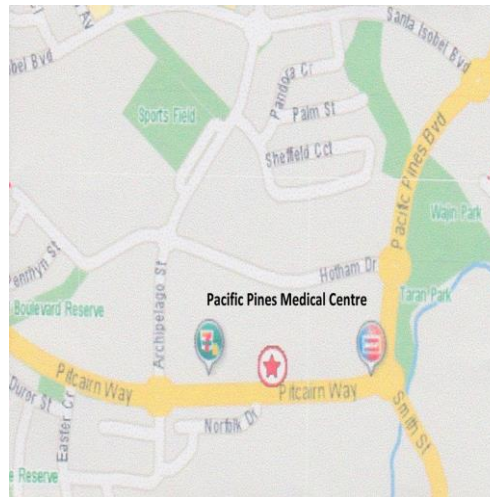


Services at the Practice

- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behaviour
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for
Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&TSI, 4 year old
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



**SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677**



**PACIFIC PINES
MEDICAL CENTRE**

quality care with compassion

January – February 2016

Newsletter No 7

OUR DOCTORS

- ❖ Dr Simon Hong
- ❖ Dr Vinh Lao
- ❖ Dr Peter Yaxley
- ❖ Dr John Parsons
- ❖ Dr Cindy Lee
- ❖ Dr Mohammad Hossain
- ❖ Dr Alex Douglas
- ❖ Dr Hugh Nelson

OPENING HOURS

8.00am – 8.00pm Weekdays
8.30am – 12.00 Saturday

HAPPY NEW YEAR

Happy New 2016 to all our Patients



Remember to look after yourself and be healthy. Exercise and Eat well, and everything in moderation

Feed Back

If you would like to make any suggestions relevant to our Practice or Newsletter Please let reception know or ask for the Practice Manager.

OUR PRACTICE

No Jab No Pay!



As of 1st January 2016 ALL children (up to 19 years of age) have to be FULLY Immunised, otherwise you won't be eligible for

- Child Care Benefit
- Child Care Rebate and
- Family Tax Benefit Part A

Conscientious & Vaccine Objection on Non-Medical grounds will **No Longer** be a valid exemption.

Please speak to our Nurses to get your child up-to-date.

Feedback on our 8pm Closes

We would love to hear what you think about our Closing time now being 8.00pm week nights. Please speak to our reception staff if you would like to write something down.

45 – 49 Health Checks



If you fall between these ages it is a good idea to have a Health Check done. Speak to your Doctor

Monthly Events

February 2016:

Ovarian Cancer month



7 – 13 Feeding tube Awareness week

15 – 21 Australian Healthy Weight Week



Quote

The best and most Beautiful things in the world cannot be seen or touched – they must be felt with your HEART

