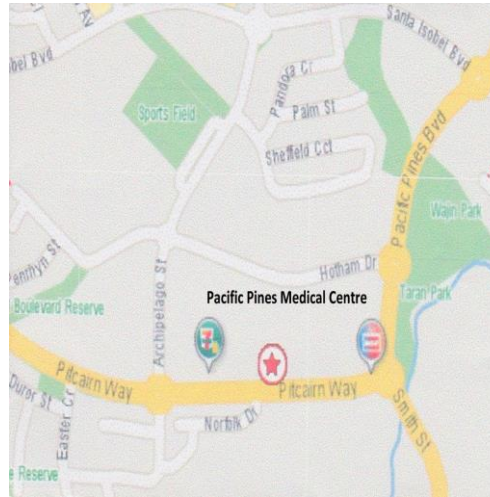


Services at the Practice

- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behaviour
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&T&SI, 4 year old
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



**SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677**



PACIFIC PINES MEDICAL CENTRE

quality care with compassion

June - July 2015

Newsletter No 3

OUR DOCTORS

- ★ Dr Simon Hong
- ★ Dr Vinh Lao
- ★ Dr Peter Yaxley
- ★ Dr John Parsons
- ★ Dr Cindy Lee
- ★ Dr Mohammad Hossain
- ★ Dr Shann Wilson
- ★ Dr Alex Douglas
- ★ Dr Hugh Nelson

OPENING HOURS

8.00am – 5.30pm Mon, Tue, Wed & Fri
8.00am – 8.00pm Thursday
8.30am – 12.00 Saturday



Baby Clinic

No Appointment Needed

Thursday 8.00am – 11.30am

- ❖ Weight Checks
- ❖ Health Checks
- ❖ Advice – Feeding, Sleeping etc

Drop in and see KARA

Feed Back

If you would like to make any suggestions relevant to our Practice or Newsletter Please let reception know or ask for the Practice Manager.

OUR PRACTICE

Flu Vaccine:

Flu vaccines for 2015

Private Flu Vaccine \$10.00

Please make an appointment with your Doctor to get this done.



Flu Quadri \$20.00

The new 4 strain Flu Vaccine is available.

Pap Smears & Breast Screen:

If you are unsure if you are due speak to our wonderful nurses.

Changes to our Practice:

➤ **Dr Hugh Nelson**

Has changed his days, now working
Tuesday 8.00am – 12.00 noon
Wednesday 1.00pm – 5.00pm

➤ **Dr Vinh Lao**

Has changed his days, now working
Tuesday 2.00pm – 4.30pm
Wednesday 8.00am – 11.30am
Thursday 8.00am – 11.30am

➤ **Dr Shann Wilson**

We would like to welcome back Dr Wilson after his break. Dr Wilson is here every day except Wednesday

Monthly Events

June 2015:

Bowel Cancer Awareness Month

8th Queen's Birthday



15th Elder Abuse Awareness Day

15-21 Men's Health Week

26th Red Nose Day



July 2015:

6-12 Sleep Awareness Week



12-18 Diabetes Awareness Week

20-26 National Pain Week



28th Hepatitis Day

Quote

A Beautiful Life does not just happen,
It is **Built** Daily.