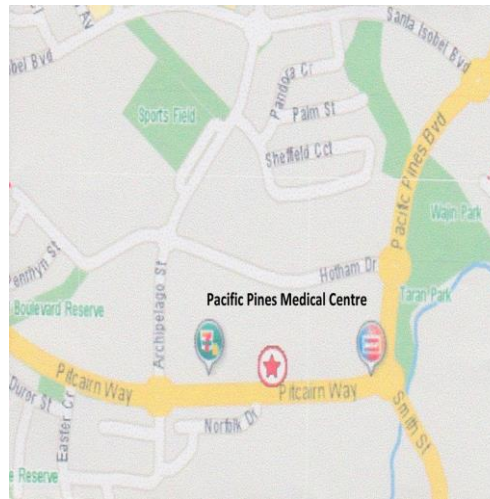


Services at the Practice

- Acupuncture
- Allergy Testing
- Allied Health Professionals
- Antenatal & Postnatal Care
- Baby & Child Development and Behaviour
- BP Management
- Child Health
- Chronic Disease Management
Asthma, Heart Disease, COPD
- Close the Gap: Care for Indigenous Australians
- Counselling: Stress, Work, Family
Marital, Substance Dependence
- Diabetes Management
- Emotional Health
- Health Assessments: >75's
45-49, A&T&SI, 4 year old
- Heart Checks & ECG
- Home Visits
- Immunisation for Children & Adults
- Iron Infusions
- Medical Examinations: Driving
Pre-Employment, Insurance
- Men's Health: Wellness, Prostate & Impotence
Management
- Minor Surgery: Suturing, Mole & Skin Cancer
removal
- Nutritional Advice
- Pregnancy Tests
- Quit Smoking Assistance
- Registered Nurse
- Sexual Health Checks
- Skin Checks and 'Freezing' for Warts &
Sunspots
- Spirometry: Lung Function Test
- Travel Medicine: Yellow Fever Vaccines
- Vasectomy
- Weight Control
- Women's Health: Fertility, Family planning,
Pap Smear, HRT, General Wellness
- Workcover
- Youth Friendly Practice



Map directions to 6/19 Pitcairn Way

Quality Care with Compassion

Our Mission is to provide the highest standard of patient care incorporating a holistic approach toward diagnosis and management of illness. This Practice is committed to promoting wellness and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with due respect.



**SHOP 6/19 PITCAIRN WAY
PACIFIC PINES QLD 4211
PH: 5529 8655
FAX: 5529 8677**



PACIFIC PINES MEDICAL CENTRE

quality care with compassion

April - May 2015

Newsletter No 2

OUR DOCTORS

- ★ Dr Simon Hong
- ★ Dr Vinh Lao
- ★ Dr Peter Yaxley
- ★ Dr John Parsons
- ★ Dr Cindy Lee
- ★ Dr Mohammad Hossain
- ★ Dr Shann Wilson
- ★ Dr Alex Douglas
- ★ Dr Hugh Nelson

OPENING HOURS

8.00am – 5.30pm Mon, Tue, Wed & Fri
8.00am – 8.00pm Thursday
8.30am – 12.00 Saturday



The Flu Season is coming

Book your FLU Vaccine Today

More people are getting the Flu than ever. Last year, the Flu rate was triple from the year before.

The flu is a nasty illness that can have serious consequences. Up to 3,500 people die each year from the Flu. You can reduce your risk with a Flu Vaccine. It is important that you get a new Flu Vaccine every year, as the virus is constantly changing.

What Is It?

The Flu is a virus that is passed between people by coughing, sneezing or touching and is highly contagious. When the virus enters your body, you'll feel like you've got a very bad cold, with fever, pain, fatigue and sneezing are just some of the symptoms.

Feed Back

If you would like to make any suggestions relevant to our Practice or Newsletter Please let reception know or ask for the Practice Manager.

OUR PRACTICE

Flu Vaccine:

Flu vaccines for 2015 will commence on Monday 20th April.

**Private Flu Vaccine
\$15.00**

Please make an appointment with your Doctor to get this done.



Patients with a Chronic Disease:

One of our Nurses may call you while you are waiting to see your Doctor. This is to check your measurements and document these in your file.

School Based Vaccines:

For any School Based Vaccine that is missed at school you can catch-up here at the practice.

All vaccines need to be ordered in and takes around a month. Please call reception and advise which vaccine has been missed. You will receive a text message once this vaccine has arrived.

Monthly Events

April 2015:

1-30 Go Blue for Autism

3-6 EASTER



19-25 Osteopathy Awareness Week

25 ANZAC DAY



May 2015:

1-31 Multiple Sclerosis Awareness

4-10 HEART week



21 Doctors day in May

22 Australia's Biggest Morning Tea

31 NO Tobacco Day



Quote

Life is not about waiting for the
Storm to past,
It's about learning to dance
in the **Rain**